



Team Revolution 2010 Registration Form

Thank you for joining Team Revolution in 2010! We look forward to your participation in the **Philadelphia LiveStrong Challenge** on August 21-22, 2010.

This annual series of cycling and running/walking events takes place in cities across the country, enabling anyone to support the LAF's mission to inspire and empower people affected by cancer. Walk or run in the 5K or 10K or challenge yourself to a 10-, 20-, 45-, 70- or 100-mile ride. It costs \$45 to register and the minimum level of fundraising is \$250 per person (no minimum for the 5K or 10K). Please note that this year the 5K and 10K will be on Aug. 21 and the rides will be on Aug. 22.

There are two ways to complete this form and join the team. 1) Fill out the form electronically and e-mail it to nicole.bender@rideforacure.org and we will send you an invoice to pay online through paypal (you do not need to be a paypal member to use this option) or 2) Fill this form out by hand and mail it to Nicole Bender along with a check for your total. We will send you a confirmation that we received the form and your check.

As a team member we ask you to:

- * Sign up to walk, run or bike in the Challenge or volunteer/cheer in Philly;
- * Fundraise at least \$250 and recruit more team members; and
- * Consider helping with Team Revolution fundraising events leading up to the Challenge.

In addition to participating together in the Challenge, there are other benefits of joining the team. We generally all stay in the same hotel. This year we booked a hotel only 6 miles from the Challenge site. We also have a team dinner on Saturday night. You have the option of purchasing a team t-shirt and a jersey. We have brand new designs in 2010! We also hold training rides throughout the summer at Haines Point in Washington D.C. every Monday and Friday at 6:45 p.m.

Upon receipt of this form and your payment, we will sign you up for the team e-mail and newsletter list - and start keeping you informed of team activities throughout the year. And don't forget the final step: Once you've registered for Team Revolution, you also need to visit www.livestrongchallenge.org to officially register for Team Revolution on the LiveStrong Challenge Web site. We look forward to a great year ahead!

Name (s): _____	Bike	Run/Walk (on Sat)	Volunteer	Cheer
_____	Bike	Run/Walk (on Sat)	Volunteer	Cheer
_____	Bike	Run/Walk (on Sat)	Volunteer	Cheer
_____	Bike	Run/Walk (on Sat)	Volunteer	Cheer

Phone: (home) _____ E-mail: _____
 (cell) _____

Address: _____

ITEM	COST	SIZE	QUANTITY	TOTAL
Team Dinner	\$35	N/A	_____	_____
T-Shirt	\$20	S	_____	_____
(New for 2010!!)		M	_____	_____
		L	_____	_____
		XL	_____	_____
Jersey*	\$60	XS	_____	_____
(New for 2010!!)		S	_____	_____
		M	_____	_____
		L	_____	_____
		XL	_____	_____
TOTAL:				_____

Interested in hotel room? Yes _____ No _____ # _____ Interested in sharing hotel room? Yes _____
 Interested in carpooling? Yes _____ No _____ Interested in training rides (DC only) Yes _____ No _____

If paying by check: Please make checks payable to: Nicole Bender
 Mail completed form and check to: 211 Commons Drive, NW Vienna VA, 22180

If paying online: E-mail this form to nicole.bender@rideforacure.org. We will send you an invoice to pay with credit card.

Any questions? Please visit www.rideforacure.org OR e-mail nicole.bender@rideforacure.org

*Jerseys and t-shirts will be brand new in 2010. We recommend purchasing them this year as they will most likely remain our uniform for years to come.